

Please complete the form below and sign the agreement overleaf.

NAME

JOB TITLE

ORGANISATION

EMAIL

PHONE

How did you hear about Mindful Leadership?

What would you like to gain from participation in the program?

Please outline your previous experience with mindfulness theory and/or practise:

Please read and sign the following agreement on participation, group confidentiality, individual confidentiality and data collection.

PARTICIPATION

I understand that the value I am able to gain from a program such as this is, in part, related to my ability and willingness to attend all sessions, including coaching sessions and the final (week ten) group discussion session, and contribute openly and honestly. Notwithstanding unforeseeable urgent and important matters, I agree to attend all sessions and participate openly. Furthermore, my decision to participate or withdraw from this opportunity, will not affect my relationship with icare, or Mackerel Sky – Leadership Matters in any way.

GROUP CONFIDENTIALITY

I understand that the discussions that occur in the group sessions will be conducted under Chatham House Rules. I may use whatever I learn in these sessions for the benefit of my leadership or business unit. However, I will maintain the confidentiality of the person/s who shared and the context in which it was shared.

INDIVIDUAL CONFIDENTIALITY

I understand that the individual coaching sessions are confidential and whatever I discuss and explore in those sessions will not be shared outside of the sessions in any way that might identify me.

NAME

SIGNATURE

DATE

DATA COLLECTION

The Mindful Leadership Program is delivering a meticulously designed and researched program relevant to contemporary leadership challenges. A small, research component of the program involves data collection, decoding and collating for thematic analysis purposes. The material collected from participants in coaching sessions and in the final (week ten) group discussion will be recorded, collated and analysed for themes. These themes will be reported on for peer-reviewed research purposes and a business report will be provided to icare. All individual data will be sanitised to ensure identification of individual participant names, business units or other identifying contextual data is deleted. I understand the research component seeks only the themes arising from the leadership cohort as a whole. I give permission for my contributions to be used for research purposes in this way.

NAME

SIGNATURE

DATE
